

JUNE 2020

The Occasional

A SOCIAL MAGAZINE FOR THE RESIDENTS OF THE
SWISS AVENUE HISTORIC DISTRICT.



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Shultz Family!

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HELLO, RESIDENTS OF SWISS AVENUE HISTORIC DISTRICT!

I am so pleased to bring you the first issue of the Swiss Ave. Historic District's neighborhood magazine and hope you will enjoy the monthly publications of *The Occasional!*

Allow me to introduce myself. My name is Kirsten Swanson and I am a fellow East Dallas neighbor, along with my husband, Peter, and our two pets: Sophie (Golden Retriever) and Mr. JamesBond (Tuxedo Cat). I was born and raised in New Orleans, LA, and made the move to Texas in 2011. The company I work with to produce this publication is called N2 Publishing, which is the leading provider of specialty publications for residents of exclusive communities all across the nation. Our objective is to **turn neighborhoods into communities** with our monthly neighborhood magazines. I have had the privilege of working with the residents of the Dallas community since 2015.



Pictures - WE LOVE PICTURES!
Parties, graduations, family events, kids playing, holiday gatherings ... One of the best parts of your new magazine is the involvement of our neighbors. Pictures are an easy way to help support the look of the newsletter as well as bring smiles to your fellow neighbors. Digital photographs with high-quality capability are the way to go here — the more pixels, the better! Simply send an attachment of the pictures in an email to Occasional@n2pub.com or text to Kirsten at 504-296-8664.

This magazine is a social magazine and is designed to reflect the social activities and interests within the district. We are working in collaboration with the Swiss Ave. Historic District Neighborhood Association and are excited about getting to know all of y'all!

The Occasional is being provided FREE OF CHARGE to you as a homeowner. The advertising partners you see in the magazine cover the cost of producing, printing, and mailing each issue. We do our best to screen our

advertisers to ensure they can provide the types of services you need, or want, as a homeowner. If you currently utilize a business that does excellent work, please let us know, as they may want to reach out to your neighbors as well. Also, if you run a business and would like information on reaching your neighbors each month, contact me for details on how to get involved.

Each issue of *The Occasional* is unique to your neighborhood and will reflect who you are as a community. Not only do we want to share your stories, but we also encourage you to be a part of telling your stories. If you enjoy writing, taking pictures, or just being socially active in the community, consider being a contributor to the magazine. ***The Occasional* will not only be stories about you, but they will also be told by you!**

In addition to the magazine, we will host various free events to bring our neighbors together for social purposes — dinners or lunches (on us) at local restaurants, salon reviews, kid events, wine tastings, and more. We will communicate various events we are hosting through the magazines and emails. If you wish to receive our emails, please email me at Occasional@n2pub.com.

I'd like to personally thank all of our business sponsors who partnered with us making the magazine free to all residents, as well as the many residents who contributed to the first issue. Just know that *The Occasional* would not exist without you!

I look forward to meeting each of you!

Kirsten G. Swanson



**Area Director and
Publisher of
*The Occasional***
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RESIDENT Contributors

Join in our *Occasional Team!* We are currently looking for volunteers who would like to take a more active role in contributing to the publication. Contribute just one month or every month. To learn more, email Occasional@n2pub.com.



Christine Reagan Loh
Resident
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Cameron Kinvig,**
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Peter Loh,
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**Brian and Elizabeth
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**Seaver and The Duty
Family,** Precious Pet
Contributors



**This Could Be
You!**

Letter from the *president*

Dearest Neighbors,

Are you still out there? How are you? I miss you all!

The COVID Quarantine...How bizarre. How unnerving. How utterly boring. How nice! Say what...? Nice? You will have to forgive me. I am an overly positive person by nature. So, if you need a bit of self-loathing commentary and co-misery, be forewarned... you're going to hate my perspective.

I don't know about you, but one of the things I love most about the Christmas holiday is that the whole world essentially stops for a week. How nice! A few days at home to relax, eat, and enjoy one's family. The gift-giving and in-laws can be a bit stressful. Imagine how nice it would be if you did not have to deal with that? What if you just got the best part...the stay-at-home with your family part. What a gift. Right!?

OK, so this is no Christmas break. In fact, it is a serious pain not to mention economically crippling. However, for a minute, I would like to put aside all of the dreadful facts of this dark cloud called COVID-19 to talk about its silver lining. Here are but a few things I am grateful for:

- I have an amazing wife and son who I enjoy immensely.
- I have not been on an airplane in months!
- We get to cook and eat dinner together as a family every evening.
- We get to exercise as a family — riding bikes through the neighborhood and various parks around Dallas. Our favorite, by far, is the

Trinity River Audubon and the AT&T trail.

- We have a newfound appreciation for teachers and those who care for and teach our rambunctious children (they don't get paid enough)! That said, I have truly enjoyed watching and helping my little buddy learn to read and write firsthand.
- The yard is looking particularly good (ample time to week, collect downed branches, and more).
- A Mother's Day to relax and celebrate my wife without having to work all weekend to accommodate 5,000 guests. Is it wrong to relish not having Home Tour this year?

To quote a friend of mine... "I have spent the last several weeks with my wife and children. It turns out, they are pretty great!"

What is not lost on me is that many of our neighbors and others around the city are dealing with serious health and financial concerns. I pray daily that this pandemic comes to an end soon and that all of you stay healthy — physically, financially and psychologically. If anyone of you needs help, please let us know. You have awesome neighbors that would jump at the chance to help. In the meantime, I hope you are able to enjoy the extended time with your families.

Stay healthy!
Brian

Brian Shultz
Swiss Avenue Historic District Neighborhood Association President
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The mission of the Swiss Avenue Historic District is to promote the benefits of historic preservation, to encourage citizen involvement, and to improve the quality of life within and around the community.



TYPES OF ARTICLES

You Will See In *The Occasional*

Calling All Contributors!

Since this magazine is about you and your neighbors, we want and need your involvement. We are looking for several types of articles to be submitted each month; therefore, please take a few minutes to acquaint yourself with the types of articles we normally include in the publication. If you have any other article or story suggestions, please email Occasional@n2pub.com.

KIDS THAT ROCK – Make your kid the rock star of the neighborhood as we profile a junior member of the community each month. Perhaps your son or daughter would like to try their hand at writing, as well? What a great life experience being published at a young age!

our pride and joy so let us know who they, and you, are! Past famous animals have been turtles, rabbits, birds, horses, dogs, cats, a pig, and much more, so have fun with this one.

RESIDENT RECIPE – This is where you can let some of your cooking secrets out to the public! All that is required is the ingredients and preparation advice, but a photo is always nice too! This really spices up things a bit from the ordinary mac and cheese.



ATHLETE SPOTLIGHT – Whether you are 4 or 40, a ballerina or a football player, this section is for you! Sports are a big part of most people's lives and we would like to highlight some great athletes from the neighborhood.



MEET THE NEIGHBORS SPOTLIGHT – This is where we get to spotlight one of the neighborhood families each month. Have you always wished you knew your neighbors better? Well, here is a great way to get to know them. Each family is able to tell us whatever they would like, but some popular questions to answer include: How long have you lived in the neighborhood? Where is your hometown? What's your education? What are your hobbies and interests? What is your career?



PRECIOUS PETS – Here is an award-winner! If you have a pet and want them to be famous, just get them in the Precious Pets section. Pets are

LIVING SPACES – We have so much history in our neighborhood, we would love to show off your favorite indoor or outdoor space with our neighbors.



RECOGNIZE ACCOMPLISHMENTS – Do you want another way to recognize or congratulate a neighbor or family member about any sport, academic, or another activity achievement? Use The Occasional! This should include pictures along with what they achieved. Examples include Black Belt, honor roll, straight A's, scholarships, state champs, volunteer work, graduation, music, theatre, or just wish them Happy Birthday.



TRAVEL TALES – If you or anyone you know has gone on a vacation and would like to share their experience, then this is the place to be. This gives your friends and neighbors the chance to feel your experience and see if it would be a good fit for their own vacation!

VOLUNTEER SPOTLIGHT, OR "MAKING A DIFFERENCE" – We want to recognize the hardworking volunteers of the neighborhood and the charities or non-profit organizations you support. This is a chance to let others know about your passion for an organization. Giving back to the community is a big deal and we want to recognize you for it!



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And through their advertising partnerships, the businesses seen within these pages are helping us break these chains, too. Learn more about our cause by visiting n2gives.com.



watch this

By: **Peter Loh**, Resident Contributor

Quarantine MUST-WATCH

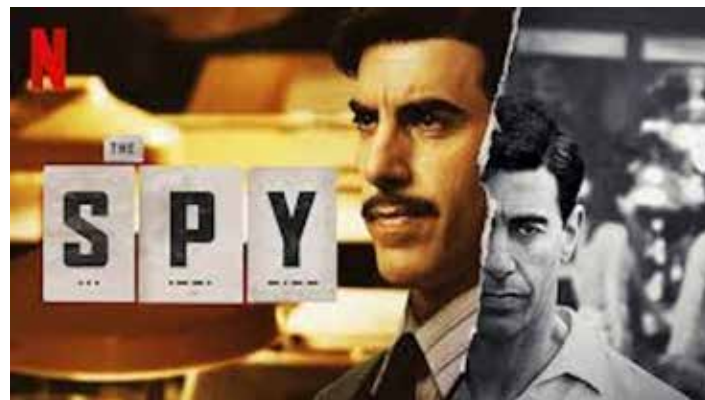
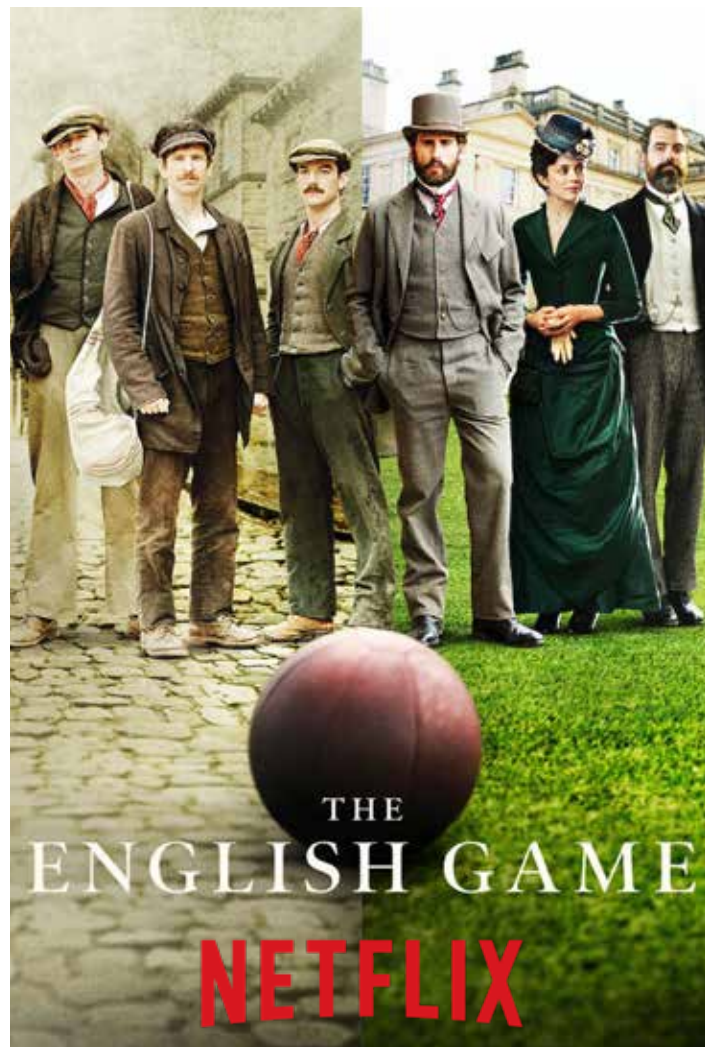


The coronavirus pandemic has been disastrous unfortunately for the restaurant and bar scene but a boon for TV and streaming services.

Netflix's original series never disappoint. First, *The English Game* is a stylish period piece set in the late 1800's England and examines how the sport of soccer transformed itself from the pastime of the aristocratic, elite class into a game enjoyed and shared by the masses. Along the way, the six-part limited series gives the viewer a look at English class structure and society.

Next up is *The Spy*. Sasha Baron Cohen is like you have never seen him before in this true story. Set in the turbulent, dangerous Middle East of the 1960s, Cohen takes on the role of a listless, yet happily married department store clerk who joins the Mossad and infiltrates the Syrian military and intelligence establishment. Cohen's character embarks on a tense, audacious mission to obtain critical intelligence about Syrian military activity in order to protect Israel from destruction. Cohen is sure to get attention and support for an Emmy for his performance. Last, *Unorthodox* is the heartrending tale of a young Hassidic Jewish woman trapped in an unhappy marriage in present-day Brooklyn. The story delves into the common theme of how intense religious faith struggles to reconcile itself with modernity. In an effort to break free from her oppressive environment, the young woman flees to Berlin where she meets a whole new set of challenges.

ESPN's 10-part series *The Last Dance* chronicles the 1997-98 Chicago Bulls' chase for a sixth NBA championship in eight years. The star of the show, of course, is Michael Jordan and features lengthy interview footage of Jordan himself, his teammates, coaches, and family members. The viewer is reminded of Jordan's unparalleled greatness as a player and a competitor. The episodes neatly flip back and forth from recounting the 1997-'98 season to the beginning of Jordan's career at the University of North Carolina, starring on two Olympic teams in 1984, and bringing the Bulls to greatness.



resident recipe

By: **Cameron & Natalie Kinvig**, Resident Contributors

Pasta Puttanesca

It's the perfect light pasta for summer, and it's super easy to make. We've seen some beautiful heirloom tomatoes at Central Market lately, so we wanted to include a dish that could use them!

INGREDIENTS

- 3 tablespoons olive oil
- 3 or more cloves garlic, lightly smashed and peeled
- 3 or more anchovy fillets
- 2 lbs heirloom tomatoes, diced
- ½ cup pitted black olives, preferably oil-cured
- 2 tablespoons capers
- Crushed red pepper flakes to taste
- 1 pound linguine or other long pasta
- Chopped fresh parsley, oregano, marjoram or basil leaves for garnish, optional
- Salt and pepper to taste

GRILLED CHICKEN BREAST FOR SERVING PREPARATION

1. Bring a pot of water to boil and salt it. Warm 2 tablespoons oil with garlic and anchovies in a skillet over medium-low heat. Cook, stirring occasionally until garlic is lightly golden.
2. Drain tomatoes and crush with fork or hands. Add to skillet, with some salt and pepper. Raise heat to medium-high and cook, stirring occasionally, until tomatoes break down and the mixture becomes saucy — about 10 minutes. Stir in olives, capers, and red pepper flakes, and continue to simmer.
3. Cook pasta, stirring occasionally until it is tender but not mushy. Drain quickly and toss with sauce and remaining tablespoon of oil. Taste and adjust seasonings as necessary and mix in grilled diced chicken. Garnish with herbs if you like, and serve immediately.

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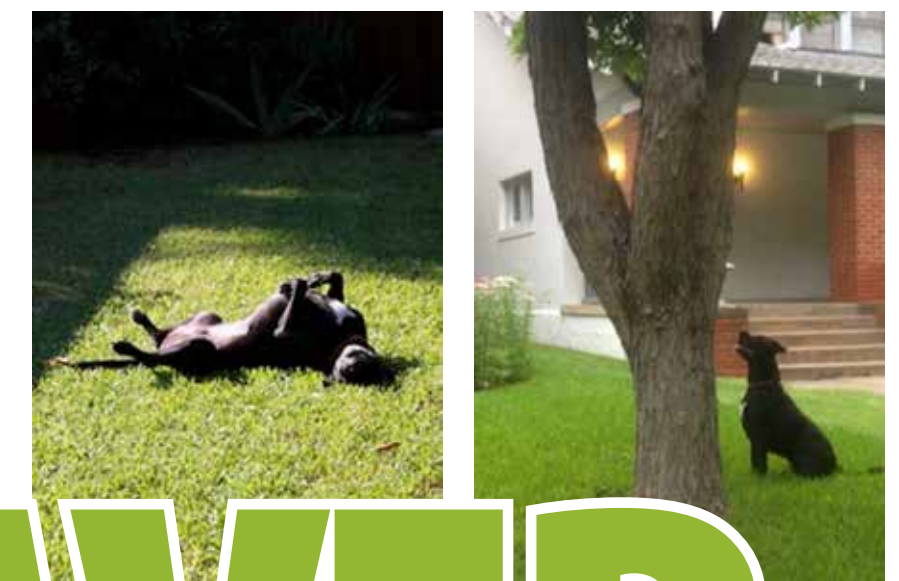
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SEAVEVER,

the star



Humans: Laura and Michael Duty
Breed: Mixed, Female
Age: Approximately 12 Years Old

Q: Good morning, Seaver! We are excited to get to know you in our very first issue of *The Occasional*, so tell us how you came to find your forever home.

A: I'm so glad to be here! I had been searching for the right humans for a while and then I found the Duty family. I decided I wanted to go home with them 10 years ago so I followed them home and never left!

Q: What a great story! So how did you get the name, Seaver?

A: So from what my mom has told me, Seaver was her grandfather's middle name and her great-great-grandmother's maiden name. Mom always said if he had a little girl she would name her Seaver, and now I'm here!

Q: Well we love how creative your name is! Do you have any special talents?

A: I am a pro at moving my family around when I need it! They have no clue that if they are sitting in a spot I want, I just have to go

sit by the backdoor. They then will come to open it and I go around them and get my nice warm spot they had been occupying!

I also know have my own tricks to get my humans' attention — I just have to bring in one of my stuffed animals and I have them trained to pet me! Sometimes the new little human they call "grandson" takes too much of their time, but they know when I bring in my stuffed animal that all eyes should be back on me. Our system works very well.

Q: That's so very clever of you! Well, we are just about out of time, but we are excited to see you around the neighborhood!

A: Thanks! This was fun and I'm glad I got to be the very first Precious Pet this June — I've always known I was a star. See you around the neighborhood!

 **We love our precious pets!** Nominate your pet or a neighbor's at Occasional@n2pub.com.

SAHD NEWS

Alliance Against Crime

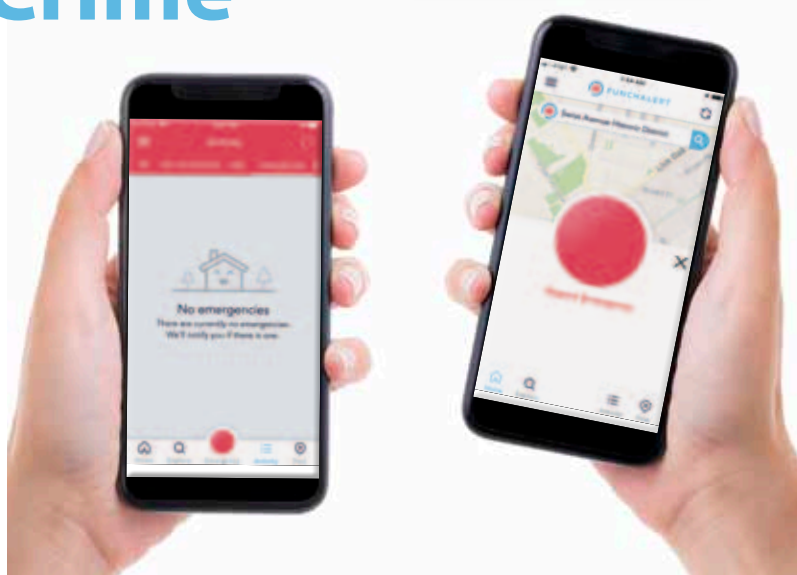


By: **Amar Vallurupalli**,
Resident Contributor

Starting in May, we began rolling out a private neighborhood management system called “PunchAlert” to our block captains. PunchAlert is the all-in-one safety communication solution that will help us to manage security incidents, send announcements, and communicate critical information in real-time.

The most effective crime prevention measures start with us. Each of us notices the cars, people, and activities that don't seem quite right or are actually in the midst of a crime. We have all had that creepy individual knock on our door trying to sell us something or solicit donations. We need to be able to alert one another, quickly, to such incidents.

Today, we as neighbors send an email to me as your AAC chairman. When I see those emails, which arguably is within a



couple of hours, I send a note to Jean Dean asking her to send an announcement to the neighborhood. When she sees that email, again usually in less than an hour, she alerts the neighborhood. The inefficiencies here are obvious.

To further the point, during this year's Halloween festivities, three (3) children went missing. The good news is that our ENP officer, Sergeant Taylor Smith, and his colleagues, found all three children in record time. However, as a parent, those minutes (to an hour) are agonizing. They are also critical. We need to be able to tap into our close-knit community to alert one another, immediately.

Either of these two examples or the numerous others you have shared with me over the past several months merit finding a solution that will empower and enable our neighborhood to look after one another. To alert one another of risky people or situations. To alert 911, our ENP officer and immediate neighbors of a medical emergency. To send basic announcements about upcoming meetings.

I am delighted to announce that this month, we will begin rolling out PunchAlert to every neighbor that wants to participate. The cost to you as neighbors and to the neighborhood is free through September. We are still working on a comprehensive AAC solution for the neighborhood, of which this will certainly be part of the solution. We will have that strategy ready for announcement and vote come September. In the meantime, I hope you will elect to download the application and to participate in our enhanced crime watch efforts.



For questions on crime watch in SAHD, please reach out to amarvalluru@yahoo.com.

COFFEE break

Helpful Hints!

- To remove bubble gum or any type of gum from hair, simply spread peanut butter on the area and wash! It comes out like magic because of the oil.
- To test to see if an egg is fresh, immerse it in a pan of cool, salted water. If it sinks, it's fresh. If it floats, throw it away!
- Add one cup of water to the bottom portion of the broiling pan before putting it in the oven. The water will absorb the smoke and grease and make the food more tender.
- To remove oil stains from concrete driveways or garages is to pour on coke, let it soak then hose off.
- To remove wax from wood just soften the wax with a hair dryer. Remove wax with a paper towel and wash with a solution of vinegar and water.

Can you Solve the Puzzle?

Sudoku

	3	1					8	4
4	5					6		
	8	9				7	1	
3	2							
	4		5	3				
							2	
5					6		7	2
				2	4		9	1
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the SHULTZ FAMILY!



meet your neighbors

By: **The Shultz Family**, Resident Contributors
Photo Credit: Gittings Photography

We are excited to introduce the Shultz Family for our inaugural issue of *The Occasional!* Brian, Elizabeth, and Nicholas have been in the *Swiss Avenue* Historic District since 2011 and have enjoyed being involved in the neighborhood and community.

Most of our neighbors know Brian as Nick's dad and Elizabeth's husband...some might know him as the district's President. He was raised in Austin, Texas, and attended **Texas Tech** for his undergraduate degree and Thunderbird (American Graduate School of International Management) for his Masters in Business. Today, Brian is the current President of **Bowtie Business Intelligence** firm headquartered here in Dallas.

Elizabeth was born and raised in Bryan, Texas, attended **Duke** for her undergraduate degree and **UT Southwestern** for Medical School. She currently works as a Gastroenterologist for Digestive Health Associates of Texas, operating out of Baylor's main campus just down the street.

The Shultz family loves to spend time together and mostly enjoys exploring all things new and yet undiscovered! Outside of busy work schedules, they spend as much time as they can time with friends and neighbors, exploring the Arboretum, biking along the Trinity River, or traveling to remote places around the world. They

were most recently scheduled for three weeks trekking in Mongolia. Unfortunately, the trip had to be canceled due to COVID-19.

On top of their involvement in the neighborhood, Brian and Elizabeth have become very involved with **Lipscomb Elementary**. Brian also works with numerous local non-profits and mentors SMU MBA students.

At the center of the Shultz clan is **Nicholas**, now 6. Like his mom and dad, he loves his friends and neighbors and tromping through the neighborhood to see friends – old and young. He enjoys his karate classes at Kempo, loves listening to and playing music, and is learning to play the piano and drums. He also plays soccer, loves to swim, and cycle.

We asked the Shultz family what their favorite part was living in the neighborhood, **“Easy...Our neighbors! We have the coolest neighbors.”**

This June, we hope you get the chance to talk to the Shultz while they are out and about in the neighborhood, just remember to keep your six feet of distance for now!



Nominate your family or a neighbor to be a **Meet Your Neighbor spotlight!** Email nominations to Occasional@n2pub.com.

BREATHE EASY

and Kill COVID sponsor spotlight



Since 1997, Collin Creek Home Air Care has helped thousands of Dallas residents in their fight against unwanted toxins, particles, and allergens with the goal to improve the indoor air quality. Their top-of-the-line services and team of highly trained expert technicians help keep your home's vital systems clean and in proper working condition to ensure you can breathe easy.

Collin Creek Home Air Care recognizes the needs of your home may have changed lately and they have added and developed services to help create a safe and healthy home.

One of those services is to use an electrostatic sprayer with EPA registered COVID-19 chemical to eliminate bacteria and viruses in your home. All accessible surfaces are sprayed and the chemical **kills COVID-19 in 30 seconds or less.** But Collin Creek Home Air Care took it one step further by recognizing we keep our most sacred, precious things and people in our homes and the use of strong chemicals may not be for everyone.

In those footsteps, they have also created a new way to truly deep clean your home without the need for toxic sprays or human touch by their portable U.V. Light Sanitation System.

For residences, they can completely disinfect all bacteria and viruses (including COVID-19) within a 400 square foot perimeter in 10 minutes without using diluted chemicals all over your home. They can also install UV lights near the coils in your current air system to prevent mold or bacterial growth as the air passes through and then enters your home.

These services are also great for businesses.

This new U.V. Light System is a game-changer this year. Whether you or a loved one has been sick, bringing home a new baby, if you suffer from asthma or a weakened immune system, this new system can help create a clean environment for you to physically and mentally feel better in.

Local owner **Brett Muller** is proud to be able to offer this brand-new service to our neighbors, especially in the current pandemic. If you have any questions, or would like to learn more about this new service, as well as the many other services Collin Creek Home Air Care provides, please feel free to reach out to them at 972-627-4727 to see what a difference clean air can make!

Collin Creek Home Air Care
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Services Provided:

- Air Duct Cleaning
- Air Duct Repair
- Air Duct Replacement
- Air Conditioning Filter Service
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- Duct Sealing
- Mold Treatments
- Source Removal

"Many times, it is the things we cannot see that can impact our health the most. For me, it's a great peace of mind to know my home is sanitized and I have a high level of indoor air quality."

Jamie R.



"We put people before profits. We work with integrity every day. We believe in research and development to ensure we can evolve with our customer base and provide the services they need. We also believe in being professional-our vehicles are wrapped, our team is in uniform and badges, and we have rigorous ongoing training programs for the team. We don't believe it's just an experience with a customer, we believe it's a journey."

Brett M, Owner

kids that rock

By: Cora Sims,
Junior Resident Contributor



Miss
Cora
EVERETT
SIMS

Age: 7

School: Lipscomb Elementary School

Siblings: One brother named Anderson. He is 4 years old.

Sports: I have played soccer

Musical instruments: I will start taking piano lessons but can play the keyboard and xylophone a little. I have a small harp that I like to play.

Something Unique About Me: In Spanish, Corazon has my name in it. That means heart.

When I Grow Up: I will be lots of different things. I might like to be a music teacher. I also want to be a smart, powerful lady.

FAVORITES

Things to do? I like to be with my family and play with my little brother. I like to swim and do experiments.

Animal? My dogs, Bingo, and Dottie.

If you could be any animal, what would you be? I would be a wolf because it's a predator.

Color? I have two favorites. I like blue and purple because they look best when I tie-dye.

Things to Watch? *Matilda* is my favorite movie. I like to watch *Odd Squad*.

Food? Sushi

Places to visit? I really like to visit my family members. I love to visit my grandparents in Austin and their best friends, Mr. Mark and Mrs. Barb's house.

School subject? Math and music.

Summertime Activity: Planting in the garden of Lipscomb Elementary and our herb garden at home.



Nominate yourself or a neighbor to be a Kid That Rocks in 2020! Email Occasional@n2pub.com Today!

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TEACHING KIDS MONEY SKILLS In An Online World



Want your kids to grow up money-savvy? They will need financial skills to make that happen, and you are their first and most important teacher.

In a rapidly changing world, teaching your children good money skills and habits has never been more important. Debit and credit card use, internet banking, and online shopping are rapidly becoming the norm. As money becomes more and more invisible, kids can have a harder time making the connection between money and what things cost.

In fact, say, financial experts, money is likely to be something of an abstract idea for many children these days—in their minds, a virtually unlimited and somewhat mysterious resource rather than real money coming in and going out of their family’s bank accounts. That’s why experts recommend parents take an active and early role in making money real for their children.

That task can seem difficult, given how seldom children may see actual money used for transactions. But the same lessons you learned—money is required to buy things; some things require more money than others; you get money by working; you budget money to ensure you have enough for what you need; you save money now to purchase something more expensive later, and more—are the same lessons that apply to children today. You just have to add the idea of how cards and computer clicks sometimes take the place of real coins and paper bills.

What else is important to remember when you’re teaching a child about money?

- Teach skills in an age-appropriate way and recognize that each child may learn differently, even when compared to a child of the same age.
- Use your child’s natural activities (playing pretend shopping, for example) as learning opportunities.
- Recognize your family’s regular activities as teaching possibilities. A visit to the ATM, a trip to the supermarket, or a meal out at a restaurant can almost always provide a teachable moment or two.
- Model what you teach. Your actions speak louder than your words to your child.


- Empower your child to learn from hands-on experience with an age-appropriate allowance or pocket money, and allow her to acquire the valuable knowledge that comes with making money mistakes along the way.

Contact **Jhubin** at **214-515-4870** or **jhubin.m@frostbank.com**.

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